

## 12 Healthy Breakfast Ideas for Back-to-School and Beyond

Make the most important meal of the day count.



Whether you're getting the little ones out the door or balancing a busy work schedule, the importance of eating a healthy breakfast can sometimes get lost in the mix of everyday life. Luckily, we're here with 12 breakfast options that are quick, healthy, and *super delicious*.



### Birch Benders Six Grain Cinnamon Pancake & Waffle Mix

\$5

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Just because it's the weekend doesn't mean you should stray from your habit of eating a healthy, well-rounded breakfast. Indulge in homemade pancakes *without* all the bad stuff with this Six Grain Cinnamon Pancake & Waffle Mix from Birch Benders. Three magic words for prep: Just add water!

