

Protein-Rich Pancake Mixes



The Birch Benders Peanut Butter Protein Pancake Mix is Quick to Prepare



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References: [preparedfoods](#)

Those on high-protein diets that want a tasty way to indulge in a classic breakfast food can make use of the Birch Benders Peanut Butter Protein Pancake Mix. Crafted with all-natural ingredients, the pancake and waffle mix is prepared simply by adding water and offers 16-grams of protein per serving. The mix is free of GMOs and trans fats, while eggs, milk and oil are also not found in the free-from recipe used to craft the easily prepared mix.

The Birch Benders Peanut Butter Protein Pancake Mix comes from the Denver-based brand as a suitable option for those who are on alternative diets such as Paleo, gluten-free and vegan. The mix is focused on convenience but is purported not to disappoint when it comes to offering the distinctly rich flavor of creamy peanut butter.